



# Proclamation

## Office of the Mayor

**WHEREAS**, parks and recreation programs are an integral part of communities throughout this country, including in the City of La Porte; and

**WHEREAS**, parks and recreation programming encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed for active lifestyles and promotes time spent in nature, which positively impacts mental health, increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

**WHEREAS** park and recreation events and educational activities, such as out of school time programming, youth sports, and environmental education, are critical to childhood development; and

**WHEREAS** parks and recreation activities increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**WHEREAS** our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

**WHEREAS**, the U.S. House of Representatives has designated July as National Parks and Recreation Month.

**NOW, THEREFORE**, I, Rick Helton, Mayor, do hereby proclaim July 2024 as

## Parks and Recreation Month

In Witness Whereof: I have hereto set my hand and caused the Seal of the City to be affixed hereto, this, the 10<sup>th</sup> day of June, 2024.

City of La Porte

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Rick Helton, Mayor